

ChiRopractic R yan

Complement Your Chiropractic Adjustment
with a Relaxing Therapeutic Massage!



You can benefit in a number of ways by adding massage therapy to your chiropractic care program:

- When soft tissue has been relaxed with massage, Chiropractic treatment often proceeds more easily.
- If a joint is adjusted without addressing related soft tissue problems, you may still experience pain.
- When muscle tension is released by massage, adjustments frequently have a better effect.
- Massage can help relieve tension, improve circulation, Reduce muscle spasms, improve posture, provide greater joint flexibility and range of motion, and strengthen the immune system.

Massage Menu

1 hour Full Body Massage: \$75

**1 hour Full Body Massage for
Practice Member: \$65**

Packages Available

**5 Pack: \$350
10 Pack: \$650**

Sign up at the front desk!

**Appointments available for Saturday mornings
at 8:30 am, 10:00 am or 11:00 am.**